

Sexuality and EFT Bibliography – Simakhodskaya/Moran
Updated: June 10, 2017

Professional books for Therapists

Treating Out of Control Sexual Behaviors - Douglas Braun-Harvey and Michael A. Vigorito
Sex Therapy Made Simple – Barry McCarthy
New Directions in Sex Therapy: Innovations and Alternatives. 2nd edition. Peggy Kleinplatz
Principles and Practice of Sex Therapy, Fifth Edition
The Erotic Mind - Jack Morin
Sensate Focus in Sex Therapy: illustrated guide - Linda Weiner and Constance Avery-Clark

For Patients (and therapists):

Come As You Are - Emily Nagoski
She Comes First - Ian Kerner
The Heart of Desire - Stella Resnick
Coming Home to Passion - Ruth Cohn
Passionista (He Comes Next)- Ian Kerner
Rekindling Desire – Barry and Emily McCarthy
The New Male Sexuality - Bernie Zilbergeld
Sex for one – Betty Dodson
Sex for Two – Betty Dodson
Joy of Sex – Alex Comfort
Sex Made Easy - Debby Herbenick
Getting the Sex You Want - Tammy Nelson
Sexual Intelligence - Marty Klein
Case of the Female Orgasm - Elisabeth Lloyd
The Science of Orgasm - Beverly Whipple
The Sex Starved Marriage – Michele Wiener-Davis
Love you, hate the porn – Mark Chamberlain and Geoff Steurer
The guide to getting it on - Paul Joannides
The Joy of Gay Sex – Charles Silverstein
How to Bottom like a Porn Star - Woody Miller

Erotica

Various Erotica anthologies for women edited by Rachel Kramer-Bussell
Selena Kitt
KD West
Website to search for appropriate erotica: www.excitica

Sexual Trauma:

The Sexual Healing Journey - Wendy Maltz
The Courage to Heal: a guide for women survivors of child sexual abuse – Ellen Bass and Laura Davis

Non-monogamy and Polyamory, Kink

Opening Up - Tristan Taormino
The Ultimate Guide to Kink – Tristan Taormino
Ethical slut – Dossie Easton and Janet Hardy
Polyamory Pearls – Kamala Devi
Other side of desire – Daniel Bergner